

OSHA Minimum Suspension List as of 2023			
Misconducts		H.C. Rule	Last Two Minutes of 3 rd Period or Overtime
M10	Failure to go directly to Penalty Bench	9.2 (d)	1
M11	Failure to go to Penalty Box Captains	2.4 (c)	1
M12	Failure to go to the Player's Bench or Neutral Area	6.7 (f)	1
M13	Refusing to Surrender Stick for Measurement	3.3 (f)	1
M14	Throwing Stick Over Boards	9.8 (d)	1
M16	Facemask Offset	3.6 (d)	1
M17	Throat Protector	3.6 (f)	1
M18	Mouthguard	3.6 (g)	1
M20	Disputing Call of Official	9.2 (a)	1
M21	Harassment of Official/Unsportsmanlike Conduct	9.2 (b)	1
M22	Inciting	9.2 (e)	1
M23	Entering Referee's crease	9.2 (g)	1
M69	Interference/ Distraction During Penalty Shot	4.9 (f)	1
Game Misconducts		H.C Rules	Minimum Games of Suspension
GM 20 (AS)	Disputing Call of Official	9.2 a	1

GM 21 (AS)	Disputing Call of Official: Verbal Abuse of Game Official	9.2 b	2
GM 30 (AS)	Fighting	6.7	2
GM 31	2 nd Fight, Same stoppage of play	6.7 h	3
GM 32	Player(s) 3 rd , 4 th etc into a fight	6.7 h	3
GM 34	Leaving the Players bench or Penalty box	9.5 b	1
GM 35	Leaving the Penalty box and incurring a Minor, Major or Misconduct penalty	9.5 c	3
GM 36	Coach whose player is penalized under GM 34/ GM35	9.5 a,b,c	3
GM 37	Goaltender Leaves Crase to Join a fight	4.11 d	1
GM 38 (AS)	Instigator of a fight	6.7 b	1
GM 39 (AS)	Aggressor of a fight	6.7 b	1
GM 42	Hair pulling, Grab Face Mask/ Helmet/ chin strap		1
GM 43	Roughing	6.7 k	1
GM44	Roughing Deliberate	6.7 i	1

	Contact after Whistle		
GM 45	Holding	7.1 a	1
GM 46	Holding Injury	7.1 b	1
GM 47	Hooking	7.2 a	1
GM 48	Hooking Injury	7.2 b	1
GM 49	Interference	7.3 a	1
GM 50	Interference of a Goaltender	7.3 b	1
GM 51	Interference from the bench	7.3 d	1
GM 52	Interference Injury	7.3 e	1
GM 53	High Sticking	8.3 a,b	1
GM 54	Slewfooting Standing Still		1
GM 55	Checking from Behind	6.4 a	1
GM 62	Leaving the Bench without Clearance from the Referee	9.5 i	2
GM 63	Leaving the Bench without Clearance from the Referee	9.5 i	2
GM 64	Team Official Interference/ Distraction during penalty shot	4.9 f	1
GM 65	Bench Official on ice without permission of an official	9.5 f	1
GM 70	Refusing to start play	10.1 4 a	2

GM 72	Refusing to leave the player bench	10.1 4 e	1	
GM 76	Second misconduct – same game	4.5 c	1	
GE 101	Game Ejection	4.6	0	
Pre or Post Game Altercations			H.C. Rule	Suspension
PG101	Any player involved where Major and Game Misconducts are assessed			2 games
PG102	Coach of team whose players are so penalized			Indefinite*
PG103	Any team involved in a pre or post game brawl			Indefinite*
Gross Misconducts			H.C. Rule	Suspension
GRM 13	Goaltender Refusing to remove mask for Identification		3.5 d	2
GRM 21 (AS)	Discriminatory Slur		9.2 f	4
GRM 23	Travesty of the Game		4.7 b	3
GRM 30	Fighting with Team Official		6.7 i	3
GRM 31	Removing Helmet and/or Chinstrap		3.6 c	3
GRM 83	Butt End – Team Official (Double Minor + Gross Misconduct)		8.1	3
GRM 84	Spearing – Team Official (Double Minor + Gross Misconduct)		8.5	3

Any player receives Match Penalties are consider suspended INDEFINITE until a hearing with rules committee takes place, a final decision will be made, and player will a suspension not less than 4 games

Player Accumulation Sanctions Majors Under Rule 6.2, 6.3, 6.4, 6.5, 6.6, 7.4, 8.2, and/or 8.4 Accumulation Sanctions apply for any collective accumulation	H.C. Rule	1 st Offence Number of Games	2 nd Offence Number of Games	3 rd Offence Number of Games
---	-----------	--	--	--

of the below Majors in the same season					
GM41.01	Kneeing	6.6	2	4	6
GM41.02	Elbowing	6.6	2	4	6
GM41.03	Checking from Behind	6.4a	2	4	6
GM41.04	Cross Checking	8.2a	2	4	6
GM41.05	Cross Checking above shoulders	8.2b	2	4	6
GM41.06	Cross Checking Goalie in Crease	8.2c	2	4	6
GM41.07	Cross Checking Injury	8.2d	2	4	6
GM41.08	Slashing	8.4a	2	4	6
GM41.09	Slashing Injury	8.4b	2	4	6
GM41.10	Boarding	6.2a	2	4	6
GM41.11	Body Checking	6.2b	2	4	6
GM41.12	Charging	6.3	2	4	6
GM41.13	Head Contact	6.5 b,e	2	4	6
GM41.14	Tripping	7.4a	2	4	6

Player Accumulation Sanctions Game or Gross Misconducts Under Rule 9.2, 6.7 Accumulation Sanctions apply for any collective accumulation of the below Game or Gross carried over for 3 seasons from last offence		H.C. Rule	1 st Offence Number of Games	2 nd offence Number of Games	3 rd offence Number of Games
GM 20	Disputing Call of Official	9.2a	1	2	4
GM 21	Disputing Call with Official: Verbal Abuse of a Game Official	9.2b	2	4	8

GRM21	Discriminatory Slur	9.2f	4	6	8
GM30	Fighting	6.7	2	4	8
GM38	Instigator	6.7b	1	2	4
Gm39	Aggressor	6.7b	1	2	4

Coaches	H.C Rule	Suspension Number of Games
Any team receiving a combination equaling 3 x 5 minute penalties in the same game from a major penalty, match penalty or fighting infractions		1
For a 2nd violation of a team receiving a combination equaling 3 x 5 minute penalties in the same game from a major penalty, match penalty or fighting infractions		2
For a 3rd violation of a team receiving a combination equaling 3 x 5 minute penalties in the same game from a major penalty, match penalty or fighting infractions		4
Any coach who received 2 Game or Gross Misconducts under rule 9.2 in a season	9.2	3
Any coach who receives 3 Game or Gross Misconducts under rule 9.2 in a season	9.2	4